

## Mouse GHRL (Ghrelin) ELISA Kit

Cat #: orb1807732 (manual)

This manual must be read attentively and completely before using this product. If you have any problems, please contact our Technical Service Center for help.

Please refer to specific expiry date on the label outside of box.

Please kindly provide us with the lot number (on the outside of the box) of the kit for more efficient service.

#### **Intended use**

This ELISA kit applies to the in vitro quantitative determination of Mouse GHRL concentrations in serum, plasma and other biological fluids.

#### Character

Sensitivity	0.1 ng/mL
Detection Range	0.16-10ng/mL
Specificity	This kit recognizes Mouse GHRL in samples. No significant cross reactivity or interference between Mouse GHRL and analogues was observed
Repeatability	Coefficient of variation is < 10%

#### **Test principle**

This ELISA kit uses the Competitive-ELISA principle. The micro ELISA plate provided in this kit has



been pre-coated with Mouse GHRL. During the reaction, Mouse GHRL in the sample or standard competes with a fixed amount of Mouse GHRL on the solid phase supporter for sites on the Biotinylated Detection Ab specific to Mouse GHRL. Excess conjugate and unbound sample or standard are washed away, and Avidin-Horseradish Peroxidase (HRP) conjugate are added to each micro plate well and incubated. Then a TMB substrate solution is added to each well. The enzyme-substrate reaction is terminated by the addition of stop solution and the color turns from blue to yellow. The optical density (OD) is measured spectrophotometrically at a wavelength of 450 nm. The concentration of Mouse GHRL in tested samples can be calculated by comparing the OD of the samples to the standard curve.

#### Kit components & Storage

An unopened kit can be stored at 2-8°C for 6 months. If the opened kit is not used up, store the items separately according to the following conditions.

Item	Specifications	Storage
	96T: 8 wells ×12 strips	
Micro ELISA Plate (Dismountable)	48T: 8 wells ×6 strips	
	24T: 8 wells ×6 strips	
	96T: 2 vials	
Reference Standard	48T: 1 vial	-20°C, 6 months
	24T: 1 vial	
	96T:1vial, 60μL	
Concentrated Biotinylated Detection Ab (100×)	48T:1vial, 60μL	
	24T:1vial, 30μL	
	96T:1vial, 120μL	
Concentrated HRP Conjugate (100×)	48T:1vial, 60μL	-20°C, 6 months
	24T:1vial, 60μL	
Reference Standard & Sample Diluent	1 vial, 20 mL	2-8°C, 6 months





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Biotinylated Detection Ab Diluent	1 vial, 13 mL	
HRP Conjugate Diluent	1 vial, 13mL	
Concentrated Wash Buffer (25×)	1 vial, 30 mL	
Substrate Reagent	1 vial, 10 mL	2-8°C (Protect from light)
Stop Solution	1 vial, 10 mL	2-8°C, 6 months
Plate Sealer	5 pieces	RT
Product Description	1 copy	

Note: All reagent bottle caps must be tightened to prevent evaporation and microbial pollution. The volume of reagents in partial shipments is a little more than the volume marked on the label, please use accurate measuring equipment instead of directly pouring into the vial (s).

#### Other supplies required

- 1. Microplate reader with 450 nm wavelength filter
- 2. High-precision transfer pipette, EP tubes and disposable pipette tips
- 3. Incubator capable of maintaining 37°C
- 4. Deionized or distilled water
- 5. Absorbent paper
- 6. Loading slot

### Sample collection

- **1. Serum:** Allow samples to clot for 1 hour at room temperature or overnight at 2-8°C before centrifugation for 20 min at 1000×g at 2-8°C. Collect the supernatant to carry out the assay.
- 2. Plasma: Collect plasma using EDTA-Na<sub>2</sub> as an anticoagulant. Centrifuge samples for 15 min at 1000×g

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at 2 -8°C within 30 min of collection. Collect the supernatant to carry out the assay.

3. Tissue homogenates: It is recommended to get detailed references from the literature before analyzing

different tissue types. For general information, hemolyzed blood may affect the results, so the tissues

should be minced into small pieces and rinsed in ice-cold PBS (0.01M, pH=7.4) to remove excess blood

thoroughly. Tissue pieces should be weighed and then homogenized in PBS (tissue weight (g): PBS (mL)

volume=1:9) with a glass homogenizer on ice. To further break down the cells, you can sonicate the

suspension with an ultrasonic cell disrupter or subject it to freeze-thaw cycles. The homogenates are then

centrifuged for 5-10 min at 5000×g at 2-8°C to get the supernatant.

4. Cell lysates: For adherent cells, gently wash the cells with moderate amount of pre-cooled PBS and

dissociate the cells using trypsin. Collect the cell suspension into a centrifuge tube and centrifuge for 5 min

at 1000×g. Discard the medium and wash the cells 3 times with pre-cooled PBS. For each 1×10<sup>6</sup> cells, add

150-250µL of pre-cooled PBS to keep the cells suspended. Repeat the freeze-thaw process several times or

use an ultrasonic cell disrupter until the cells are fully lysed. Centrifuge for 10 min at 1500×g at 2-8°C.

Remove the cell fragments, collect the supernatant to carry out the assay.

5. Cell culture supernatant or other biological fluids: Centrifuge samples for 20 min at 1000×g at 2-8°C.

Collect the supernatant to carry out the assay.

6. Recommended reagents for sample preparation: 10×EDTA Anticoagulant, PMSF Protease Inhibitor,

0.25% Trypsin Solution.

Note

■ Note for kit

1) For research use only. Not for therapeutic or diagnostic purposes.

2) Please wear lab coats, goggles and latex gloves for protection. Please perform the experiment following

the national security protocols of biological laboratories, especially when detecting blood samples or other

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bodily fluids.

3) A freshly opened ELISA plate may appear a water like substance, which is normal and will not have any

impact on the experimental results. Return the unused wells to the foil pouch and store according to the

conditions suggested in the above table.

4) Do not reuse the reconstituted standard, biotinylated detection Ab working solution, concentrated HRP

conjugate working solution. The unspent undiluted concentrated biotinylated detection Ab (100×) and

other stock solutions should be stored according to the storage conditions in the above table.

5) The microplate reader should be able to be installed with a filter that can detect the wave length at 450

±2 nm. The optical density should be within 0-3.5. Follow the Instructions of the Microplate Reader for set

up and preheat it for 15 min before OD measurement.

6) Do not mix or substitute reagents with those from other lots or sources.

7) Change pipette tips in between adding of each standard level, between sample adding and between

reagent adding. Also, use separate reservoirs for each reagent.

8) Do not use expired reagents.

■ Note for sample

1) Tubes for blood collection should be disposable and be non-endotoxin. Samples with high hemolysis or

much lipid are not suitable for ELISA assay.

2) Samples should be assayed within 7 days when stored at 2-8°C, otherwise samples must be divided up

and stored at -20°C (≤1 month) or -80°C (≤3 months). Avoid repeated freeze thaw cycles. Prior to assay,

the frozen samples should be slowly thawed and centrifuged to remove precipitates.

3) The detection range of the kit is not the same as the concentration range of the tested substance in the

sample. If the concentration of tested substance is too high or too low, dilute or concentrate the sample

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appropriately.

4) If the sample type is not included in the manual, a preliminary experiment is suggested to verify the

validity.

5) If a lysis buffer is used to prepare tissue homogenates or cell lysates, there is a possibility of causing a

deviation due to the introduced chemical substance.

6) Some recombinant protein may not be detected due to a mismatching with the coated antibody or

detection antibody.

**Dilution Method** 

Please predict the concentration range of the sample in advance. If your samples need to be diluted, please

refer to the following dilution instructions:

For 100 folds dilution: One step dilution. Add 5µL sample to 495µL sample diluent to yield 100 folds

dilution.

For 1000 folds dilution: Two step dilution. Add 5µL sample to 95µL sample diluent to yield 20 folds

dilution, then add 5µL 20 folds diluted sample to 245µL sample diluent, after this, the neat sample has been

diluted at 1000 folds successfully.

For 100, 000 folds dilution: Three step dilution. Add 5µL sample to 195µL sample diluent to yield 40 folds

dilution, then add 5µL 40 folds diluted sample to 245µL sample diluent to yield 50 folds dilution, and

finally add  $5\mu L$  2000 folds diluted sample to  $245\mu L$  sample diluent, after this, the neat sample has been

diluted at 100, 000 folds successfully.

Reagent preparation

1. Bring all reagents to room temperature (18-25°C) before If the kit will not be used up in one assay,

please only take out the necessary strips and reagents for present experiment, and store the remaining strips

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and reagents at required condition.

2. Wash Buffer: Dilute 30 mL of Concentrated Wash Buffer with 720 mL of deionized or distilled water to

prepare 750 mL of Wash Buffer. Note: if crystals have formed in the concentrate, warm it in a 40°C water

bath and mix it gently until the crystals have completely dissolved.

3. Standard working solution: Centrifuge the standard at 10, 000×g for 1 min. Add 1mL of Reference

Standard & Sample Diluent, let it stand for 10 min and invert it gently several times. After it dissolves fully,

mix it thoroughly with a pipette. This reconstitution produces a working solution of 10ng/mL (or add 1 mL

of Reference Standard & Sample Diluent, let it stand for 1-2 min and then mix it thoroughly with a vortex

meter of low speed. Bubbles generated during vortex could be removed by centrifuging at a relatively low

speed). Then make serial dilutions as needed. The recommended dilution gradient is as follows: 10, 5, 2.5,

1.25, 0.63, 0.32, 0.16ng/mL.

Dilution method: Take 7 EP tubes, add 250µL of Reference Standard & Sample Diluent to each tube.

Pipette 250µL of the 10ng/mL working solution to the first tube and mix up to produce a 5ng/mL working

solution. Pipette 250µL of the solution from the former tube into the latter one according to this step. The

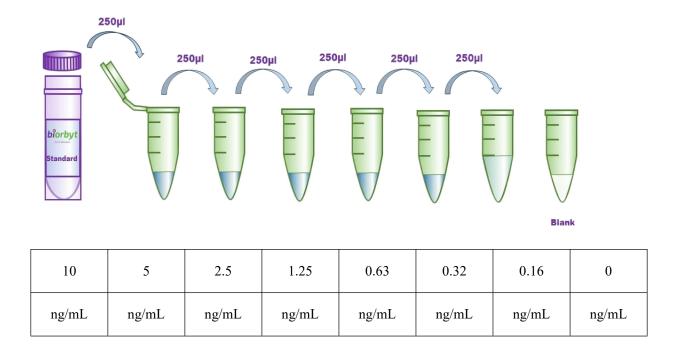
illustration below is for reference. Note: the last tube is regarded as a blank. Don't pipette solution into it

from the former tube.





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- 4. Biotinylated Detection Ab working solution: Calculate the required amount before the experiment (50μL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the Concentrated Biotinylated Detection Ab at 800×g for 1 min, then dilute the 100× Concentrated Biotinylated Detection Ab to 1× working solution with Biotinylated Detection Ab Diluent (Concentrated Biotinylated Detection Ab Biotinylated Detection Ab Diluent= 1: 99).
- 5. HRP Conjugate working solution: Calculate the required amount before the experiment (100μL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the Concentrated HRP Conjugate at 800×g for 1 min, then dilute the 100× Concentrated HRP Conjugate to 1× working solution with HRP Conjugate Diluent (Concentrated HRP Conjugate: HRP Conjugate Diluent= 1: 99).

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**Assay procedure** 

1. The Micro ELISA Plate slats to be used were removed from the plate frame and the remaining slats were

returned to the aluminum foil bag containing the desiccants and then resealed for storage.

2. Determine wells for diluted standard, blank and sample. Add 50µL each dilution of standard, blank and

sample into the appropriate wells (It is recommended that all samples and standards be assayed in

duplicate. It is recommended to determine the dilution ratio of samples through preliminary experiments or

technical support recommendations). Immediately add 50µL of Biotinylated Detection Ab working

solution to each well. Cover the plate with a new sealer. Incubate for 30 min at 37°C. Note: solutions

should be added to the bottom of the micro ELISA plate well, avoid touching the inside wall and causing

foaming as much as possible.

3. Decant the solution from each well add 300µL of wash buffer to each well. Soak for 0.5 min and

aspirate or decant the solution from each well and pat it dry against clean absorbent paper. Repeat this

wash step 3 times. Note: a microplate washer can be used in this step and other wash steps. Make the

tested strips in use immediately after the wash step. Do not allow wells to be dry.

4. Add 100µL of HRP Conjugate working solution to each well. Cover the plate with a new sealer. Incubate

for 30 min at 37°C.

5. Decant the solution from each well, repeat the wash process for 3 times as conducted in step 3.

6. Add 100µL of Substrate Reagent to each well. Cover the plate with a new sealer. Incubate for about 15

min at 37°C. Protect the plate from light. Note: the reaction time can be shortened or extended according to

the actual color change, but not more than 30 min. Preheat the Microplate Reader for about 15 min before

OD measurement.

7. Add 50µL of Stop Solution to each well. Note: adding the stop solution should be done in the same order



as the substrate solution.

8. Determine the optical density (OD value) of each well at once with a micro plate reader set to 450 nm.

#### **Calculation of results**

1. Average the duplicate readings for each standard and samples, then subtract the average zero standard optical density. Plot a four parameters logistic curve on log-log graph paper, with standard concentration on the x-axis and OD values on the y-axis.

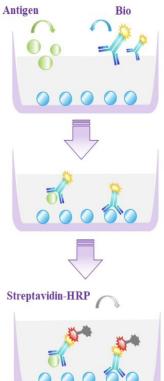
2. If the OD of the sample surpasses the upper limit of the standard curve, you should re-test it with an appropriate dilution. The actual concentration is the calculated concentration multiplied by the dilution factor.





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#### **Assay Procedure Summary**

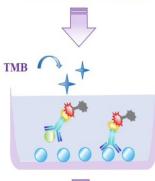


1. Add 50  $\mu$ L standard or sample to the wells, immediately add 50  $\mu$ L Biotinylated Detection Ab Working Solution to each well, incubate at 37°C for 30 minutes

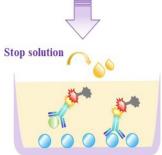
2. Aspirate and wash the plate for 3 times.



3. Add 100 µL Streptavidin-HRP Working Solution to each well, incubate at 37°C for 30 minutes, Aspirate and wash the plate for 3 times.



4. Add 100 µL TMB Substrate Solution to each well, incubate at 37°C for 15 minutes.



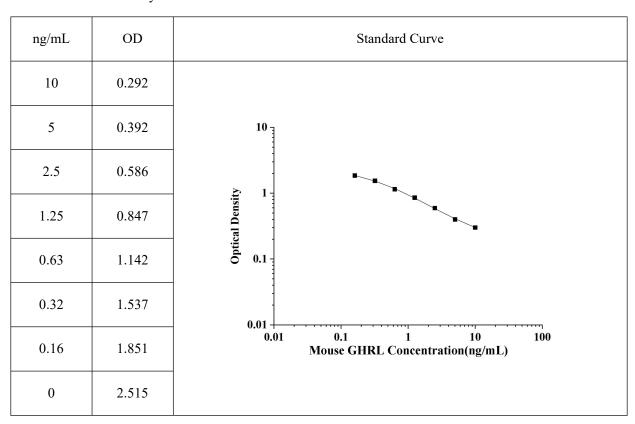
5. Add 50 µL Stop Reagent to each well, read the plate at 450 nm immediately, calculation of the results.





Typical data

The operator should establish a standard curve for each test. Typical standard curve and data is provided below for reference only.



#### **Performance**

#### **■**Precision

Intra-assay Precision (Precision within an assay): 3 samples with low, mid and high level were tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 samples with low, mid and high level were tested 20 times on each plate, respectively.

	Intra-assay Precision			Inte	er-assay Precis	sion
Sample	1	2	3	1	2	3
n	20	20	20	20	20	20



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Mean (ng/mL)	0.23	2.16	4.42	0.22	2.02	2.7
Standard deviation	0.08	0.09	0.2	0.01	0.07	0.2
CV (%)	3.01	3.48	6.64	3.01	3.81	4.55

### **■Recovery**

The recovery of Mouse GHRL spiked at three different levels in samples throughout the range of the assay was evaluated in various matrices.

Sample Type	Range (%)	Average Recovery (%)
Serum (n=8)	80-92	86
EDTA Plasma (n=8)	88-103	95
Cell culture media (n=8)	87-99	93

### **■**Linearity

Samples were spiked with high concentrations of Mouse GHRL and diluted with Reference Standard & Sample Diluent to produce samples with values within the range of the assay.

		Serum	EDTA Plasma	Cell culture media
		(n=8)	(n=8)	(n=8)
1:2	Range (%)	92-104	95-106	84-98
1.2	Average (%)	96	95	92
1:4	Range (%)	82-96	95-106	83-96
1	Average (%)	95	103	87
1:8	Range (%)	95-102	85-101	93-102
1.0	Average (%)	101	85	99
1:16	Range (%)	89-97	87-102	95-103
1.10	Average (%)	97	94	101





## **Troubleshooting & Solutions**

Problems	Causes	Solutions	
	Plate is insufficiently washed	Review the manual for proper wash and ensure the right way to wash.	
High background	Wrong incubation procedure	Ensure recommended incubation temperature and time.	
	Contaminated reagent	Prepare fresh reagent.	
	Incorrect use of reagents	Check reagent concentrations and dilution factor. Ensure reagents are used in the correct order.	
	Plate reader setting is not optimal	Open the Microplate Reader ahead to preheat.  Verify the wavelength and filter setting on the Microplate reader.	
Low signal	Insufficient incubation time	Ensure sufficient incubation time.	
	Inadequate reagent volumes and Improper dilution	Check pipettes and ensure correct preparation.	
	Matrix effect	Use positive control.	
	TMB improper storage	Check the color of TMB.	
High signal	Plate Sealer used repeatedly	Use fresh Plate Sealer.	
	Concentration of target protein is too high	Use recommended dilution factor.	
Low repeatability	Inaccurate pipetting	Check pipettes.	
Low repeataonity	There are impurities and precipitates in the sample	Sample centrifuged before using it.	





Inadequate	mixing	of	All reagents and samples mixed thoroughly before
reagents			load.

#### **Declaration**

- 1. Limited by current conditions and scientific technology, we can't conduct comprehensive identification and analysis of all the raw material provided. There might be some qualitative and technical risks for users using the kit.
- 2. This assay is designed to eliminate interference by factors present in biological samples. Until all factors have been tested in the ELISA immunoassay, the possibility of interference cannot be excluded.
- 3. The final experimental results will be closely related to the validity of products, operational skills of the operators, the experimental environments and so on We are only responsible for the kit itself, but not for the samples consumed during the assay. The users should calculate the possible amount of the samples used in the whole test. Please reserve sufficient samples in advance.
- 4. To get the best results, please only use the reagents supplied by the manufacturer and strictly comply with the instructions.
- 5. Incorrect results may occur because of incorrect operations during the reagents preparation and loading, as well as incorrect parameter settings of the Micro plate reader. Please read the instructions carefully and adjust the instrument prior to the experiment.
- 6. Even the same operator might get different results in two separate experiments. In order to get reproducible results, the operation of every step in the assay should be controlled.
- 7. Every kit has strictly passed QC test. However, results from end users might be inconsistent with our data due to some variables such as transportation conditions, different lab equipment, and so on. Intra assay variance among kits from different batches might arise from the above reasons too.



- 8. Kits from different manufacturers or other methods for testing the same analyte could bring out inconsistent results, since we haven't compared our products with those from other manufacturers.
- 9. The kit is designed for research use only, we will not be responsible for any issues if the kit is applied in clinical diagnosis or any other related procedures.