

# Human fatty acid binding protein 4, FABP-4 Elisa Kit

Cat#: orb407532 (ELISA Manual)

#### PRINCIPLE OF THE ASSAY

This assay employs the competitive inhibition enzyme immunoassay technique. The microtiter plate provided in this kit has been pre-coated with FABP-4. Standards or samples are added to the appropriate microtiter plate wells with Horseradish Peroxidase (HRP) conjugated antibody preparation specific for FABP-4. The competitive inhibition reaction is launched between with pre-coated FABP-4 and FABP-4 in samples. A substrate solution is added to the wells and the color develops in opposite to the amount of FABP-4 in the samples. The color development is stopped and the intensity of the color is measured.

#### **DETECTION RANGE**

62.5pg/ml-4000 pg/ml.

#### **SENSITIVITY**

The minimum detectable dose of human FABP-4 is typically less than 15.6pg/ml.

The sensitivity of this assay, or Lower Limit of Detection (LLD) was defined as the lowest protein concentration that could be differentiated from zero. It was determined the mean O.D value of 20 replicates of the zero standard added by their three standard deviations.

#### **SPECIFICITY**

This assay has high sensitivity and excellent specificity for detection of human FABP-4. No significant cross-reactivity or interference between human FABP-4 and analogues was observed.

**Note:** Limited by current skills and knowledge, it is impossible for us to complete the cross-reactivity detection between human FABP-4 and all the analogues, therefore, cross reaction may still exist.

#### **PRECISION**

Intra-assay Precision (Precision within an assay): CV%<8%

Three samples of known concentration were tested twenty times on one plate to assess.

Inter-assay Precision (Precision between assays): CV%<10%

Three samples of known concentration were tested in twenty assays to assess.



### LIMITATIONS OF THE PROCEDURE

- FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.
- The kit should not be used beyond the expiration date on the kit label.
- Do not mix or substitute reagents with those from other lots or sources.
- If samples generate values higher than the highest standard, dilute the samples with Sample Diluent and repeat the assay.
- Any variation in Sample Diluent, operator, pipetting technique, washing technique, incubation time or temperature, and kit age can cause variation in binding.
- This assay is designed to eliminate interference by soluble receptors, binding proteins, and other factors
  present in biological samples. Until all factors have been tested in the Immunoassay, the possibility of
  interference cannot be excluded.

### **MATERIALS PROVIDED**

Reagents	Quantity		
Assay plate	1(96 wells)		
Standard (Freeze dried)	2		
HRP-conjugate (100 x concentrate)	1 x 60 μl		
HRP-conjugate Diluent	1 x 10 ml		
Sample Diluent	2 x 20 ml		
Wash Buffer (25 x concentrate)	1 x 20 ml		
TMB Substrate	1 x 10 ml		
Stop Solution	1 x 10 ml		
Adhesive Strip (For 96 wells)	4		
Instruction manual	1		

#### **STORAGE**

Unopened kit	Store at 2 - 8°C. Do not use the kit beyond the expiration of				
Opened kit	Coated assay plate	May be stored for up to 1 month at 2 - 8°C. Try to keep it in a sealed aluminum foil bag, and avoid the damp.			
	Standard	May be stored for up to 1 month at 2 - 8° C. If			
	Biotin-antibody	don't make recent use, better keep it store at			
	HRP-avidin	-20°C.			
	Biotin-antibody Diluent				
	HRP-avidin Diluent				
	Sample Diluent	May be stored for up to 1 month at 2 - 8°C.			
	Wash Buffer				
	TMB	1			
	Substrate				
	Stop Solution	1			



\*Provided this is within the expiration date of the kit.

### **OTHER SUPPLIES REQUIRED**

- Microplate reader capable of measuring absorbance at 450 nm, with the correction wavelength set at 540 nm or 570 nm.
- An incubator which can provide stable incubation conditions up to 37°C±0.5°C.
- Squirt bottle, manifold dispenser, or automated microplate washer.
- Absorbent paper for blotting the microtiter plate.
- 100ml and 500ml graduated cylinders.
- Deionized or distilled water.
- Pipettes and pipette tips.
- Test tubes for dilution.

### **PRECAUTIONS**

The Stop Solution provided with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.

## **SAMPLE COLLECTION AND STORAGE**

**Serum** Use a serum separator tube (SST) and allow samples to clot for two hours at room temperature or overnight at 4°C before centrifugation for 15 minutes at 1000 ×g. Remove serum and assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles.

**Plasma** Collect plasma using EDTA, or heparin as an anticoagulant. Centrifuge for 15 minutes at 1000 x g, 2 - 8°Cwithin 30 minutes of collection. Assay immediately or aliquot and store samples at -20°C or -80°C. Avoid repeated freeze-thaw cycles. Centrifuge the sample again after thawing before the assay.

### **SAMPLE PREPARATION**

Recommend to dilute the serum or plasma samples with Sample Diluent (1:100) before test. The suggested 100-fold dilution can be achieved by adding 10 $\mu$ l sample to 40 $\mu$ l of Sample Diluent. Complete the 100-fold dilution by adding 15 $\mu$ l of this solution to 285 $\mu$ l of Sample Diluent. The recommended dilution factor is for reference only. The optimal dilution factor should be determined by users according to their particular experiments.

### REAGENT PREPARATION

#### Note:

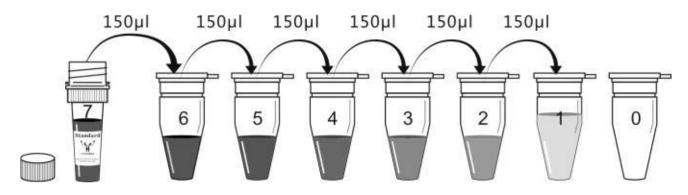
- Kindly use graduated containers to prepare the reagent. Please don't prepare the reagent directly in the Diluent vials provided in the kit.
- Bring all reagents to room temperature (18-25°C) before use for 30min.



- Prepare fresh standard for each assay. Use within 4 hours and discard after use.
- Making serial dilution in the wells directly is not permitted.
- Please carefully reconstitute Standards according to the instruction and avoid foaming and mix gently until the crystals have completely dissolved. To minimize imprecision caused by pipetting, use small volumes and ensure that pipettors are calibrated. It is recommended to suck more than 10µl for once pipetting.
- Distilled water is recommended to be used to make the preparation for reagents or samples. Contaminated water or container for reagent preparation will influence the detection result.
- 1. HRP-conjugate (1x)- Centrifuge the vial before opening.

  HRP-conjugate requires a 100-fold dilution. A suggested 100-fold dilution is 10 μl of HRP-conjugate + 990 μl of HRP-conjugate Diluent.
- 2. Wash Buffer(1x)- If crystals have formed in the concentrate, warm up to room temperature and mix gently until the crystals have completely dissolved. Dilute 20 ml of Wash Buffer Concentrate (25 x) into deionized or distilled water to prepare 500 ml of Wash Buffer (1 x).
- 3. **Standard-** Centrifuge the standard vial at 6000-10000rpm for 30s. Reconstitute the **Standard** with 1.0 ml of **Sample Diluent**. Do not substitute other diluents. This reconstitution produces a stock solution of 4000 pg/ml. Mix the standard to ensure complete reconstitution and allow the standard to sit for a minimum of 15 minutes with gentle agitation prior to making dilutions.

Pipette 150  $\mu$ l of **Sample Diluent** into each tube (S0-S6). Use the stock solution to produce a 2-fold dilution series (below). Mix each tube thoroughly before the next transfer. The undiluted Standard serves as the high standard (4000 pg/ml). **Sample Diluent** serves as the zero standard (0 pg/ml).



Tube	S7	S6	<b>S</b> 5	S4	<b>S</b> 3	S2	S1	S0
pg/ml	4000	2000	1000	500	250	125	62.5	0

### **ASSAY PROCEDURE**

Bring all reagents and samples to room temperature before use. Centrifuge the sample again after thawing before the assay. It is recommended that all samples and standards be assayed in duplicate.

Prepare all reagents, working standards, and samples as directed in the previous sections.



- 2. Refer to the Assay Layout Sheet to determine the number of wells to be used and put any remaining wells and the desiccant back into the pouch and seal the ziploc, store unused wells at 4°C.
- 3. Set a Blank well without any solution.
- 4. Add 50μl of standard and sample per well. Then add 50μl of **HRP-conjugate (1x)** to each well(Not to Blank well). Cover the microtiter plate with adhesive strip. Incubate for 30 minutes at 37°C. A plate layout is provided to record standards and samples assayed.
- 5. Aspirate each well and wash, repeating the process four times for a total of five washes. Wash by filling each well with Wash Buffer (200µl) using a squirt bottle, multi-channel pipette, manifold dispenser, or auto washer, and let it stand for 2 minutes, complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating ordecanting. Invert the plate and blot it against clean paper towels.
- 6. Add 90µl of TMB Substrate to each well. Incubate for 20 minutes at 37°C. Protect from light.
- 7. Add 50µl of **Stop Solution** to each well, gently tap the plate to ensure thorough mixing.
- 8. Determine the optical density of each well within 5 minutes, using a microplate reader set to 450 nm. If wavelength correction is available, set to 540 nm or 570 nm. Subtract readings at 540 nm or 570 nm from the readings at 450 nm. This subtraction will correct for optical imperfections in the plate. Readings made directly at 450 nm without correction may be higher and less accurate.

#### Note:

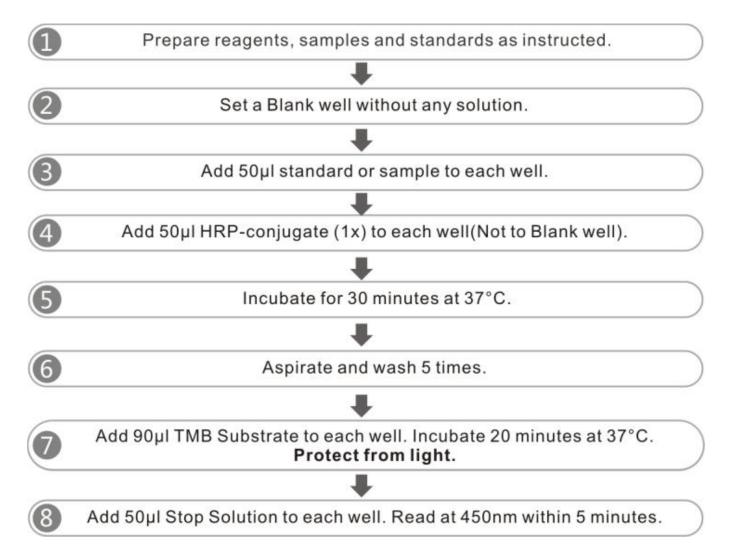
- 1. The final experimental results will be closely related to validity of the products, operation skills of the end users and the experimental environments.
- 2. Samples or reagents addition: Please use the freshly prepared Standard. Please carefully add samples to wells and mix gently to avoid foaming. Do not touch the well wall as possible. For each step in the procedure, total dispensing time for addition of reagents or samples to the assay plate should not exceed 10 minutes. This will ensure equal elapsed time for each pipetting step, without interruption. Duplication of all standards and specimens, although not required, is recommended. To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.
- 3. Incubation: To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary. Do not allow wells to sit uncovered for extended periods between incubation steps. Once reagents have been added to the well strips, DO NOT let the strips DRY at any time during the assay. Incubation time and temperature must be observed.
- 4. Washing: The wash procedure is critical. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Solution by aspirating or decanting and remove any drop of water and fingerprint on the bottom of the plate. Insufficient washing will result in poor precision and falsely elevated absorbance reading. When using an automated plate washer, adding a 2 minutes soak period following the addition of wash buffer, and/or rotating the plate 180 degrees between wash steps may improve assay precision.
- 5. Controlling of reaction time: Observe the change of color after adding TMB Substrate (e.g. observation once every 10 minutes), TMB Substrate should change from colorless or light blue to gradations of blue. If the

<sup>\*</sup>Samples may require dilution. Please refer to Sample Preparation section.



- color is too deep, add Stop Solution in advance to avoid excessively strong reaction which will result in inaccurate absorbance reading.
- 6. TMB Substrate is easily contaminated. TMB Substrate should remain colorless or light blue until added to the plate. Please protect it from light.
- 7. Stop Solution should be added to the plate in the same order as the TMB Substrate. The color developed in the wells will turn from blue to yellow upon addition of the Stop Solution. Wells that are green in color indicate that the Stop Solution has not mixed thoroughly with the TMB Substrate.

### **ASSAY PROCEDURE SUMMARY**



<sup>\*</sup>Samples may require dilution. Please refer to Sample Preparation section.